Depression on College Campuses: Best Practices and Innovative Strategies after 15 Years of Progress

This is a preliminary agenda and is subject to change. Please check back for updates.

Monday, March 20, 2017

12:30-1:00 pm  Registration

1:00-2:00  Opening Keynote : TBA

2:15-5:15  Workshops

Using Applied Improv to Improve Student Mental Health
- Jessica Alexander, MFA, Director & Professor, Academic Engagement Programs, Eastern Michigan University
- Chris Esparza, PhD, Associate Director, Holden Center, Division of Student Life, University of Oregon
- Callie McKee, UM Educational Theatre Company Director, University of Michigan

Bringing Mindfulness Programs to Non-traditional Spaces
- Patricia Dixon, LMSW, ACSW, University Counselor II, Wayne State University
- Denise Kozikowski, PhD, Academic Advisor/Counselor, University of Michigan

Crisis on Campus: Using Psychological Flexibility to Advance Mental Health Support Strategies
- Julie Hamilton, ACSW, CAADC, Wellness and Counseling, University of Detroit Mercy School of Dentistry
- Juliette Daniels, Assistant Dean for Student Services Enrollment Management, University of Detroit Mercy School of Dentistry

Good Psychiatric Management of Borderline Personality Disorder
- Victor Hong, MD, Clinical Instructor, Department of Psychiatry, University of Michigan

OR

Mini-Workshops:

2:15-3:45
The Link Between Race, Depression, and Academic Efficiency
- Andrea Layton, Outreach Program Manager, Center for Educational Outreach, University of Michigan

3:45-5:15
Improving Mental Health and Prevention Messaging with Interdisciplinary Techniques Modeled on Crisis Communication
- Destinee Biesemeyer, MSW, MScDRL, Coordinator for Health Promotion,
Wright State University

5:15-6:30 Poster Session and Reception

Tuesday, March 21, 2017

8:30-9:00 am Registration and Continental Breakfast

9:00-10:30 Panel Discussion
Creating a Healthy Campus: Best Practices and Innovative Strategies from Winners of The Healthy Campus Award
- Sara Abelson, MPH, Vice President for Student Health Wellness, Active Minds Inc.
- Campus representatives

10:45-12:00 Concurrent Sessions
Almost Ready for Rollout: Glenn Close’s U Bring Change to Mind College Toolbox Project
- Bernice Pescosolido, PhD, Distinguished Professor of Sociology and Director of the Indiana Consortium for Mental Health Services Research, Indiana University

Clinical Care Management Team: A New Model to Prevent Students from “Falling Through the Cracks”
- Diana Parrish, LMSW, Care Manager, University Health Service, University of Michigan
- Amanda Byrnes, LMSW, Coordinator of Case Management, Counseling and Psychological Services, University of Michigan
- Kristina Kile, LMSW, Care Manager, University Health Service, University of Michigan

Innovative Ways of Reducing Barriers to Care through the Interactive Screening Program
- Maggie Mortali, MPH, Director of the Interactive Screening Program (ISP), American Foundation for Suicide Prevention
- Laura Hoffman, Manager of Education, American Foundation for Suicide Prevention

Promising Strategies for Mental Health Outreach and Engagement of Young People of Color on College Campuses
- Evan Rose, President, The Steve Fund
- Alfiee Breland-Noble, PhD, MHSc, Senior Scientific Advisor, The Steve Fund
- David Rivera, PhD, Associate Professor of Counselor Education Queens College, City University of New York
- Matthew Branch, Steve Fund Youth Advisory Board
12:00-1:15  Banquet Lunch and Student Mental Health Advocate Award

1:30-2:45  Concurrent Sessions

*An Effective and Cost-Effective Student Mental Health Program Demonstrates Transferability Across Campuses*
- John A. Meissner, PhD, CPsych, Psychologist, Carleton University, Ottawa Canada

*Developing Student Gatekeepers for Mental Health Support*
- Julie Kaplan, LMSW, Embedded Social Worker, Stephen M. Ross School of Business, University of Michigan
- Katie Forsythe, MA, Curriculum Coordinator, Stephen M. Ross School of Business, University of Michigan
- Shahnaz Broucek, MBA, Executive Coach, Faculty Member, Stephen M. Ross School of Business, University of Michigan

*Little Campus, Big Ideas*
- Emily Ribnik, MED, LPCC-S, Professional Clinical Counselor & Supervisor, Kent State University at Stark
- Riley Woods, undergraduate student, Kent State University at Stark

*Psychiatric Best Practices on Campus*
- Chrisantha Anandappa, MD, Psychiatrist, Loyola University Chicago

3:00-4:00  Closing Keynote: TBA