



Community Resources: Mental Health

FRIENDS Depression Education Resource Center
(FDERC)

Washtenaw County

University of Michigan Affiliated Organizations:

University of Michigan Department of Psychiatry/Admissions and Appointments.....	(800) 525-5188 (734) 764-0231
University of Michigan Depression Center.....	(734) 936-4400
Center for the Child & Family.....	(734) 764-9466
Counseling and Psychological Services (for enrolled U of M students only).....	(734) 764-8312
Family Assessment Clinic.....	(734) 998-9700
Geriatric Center Clinic at the University of Michigan.....	(734) 764-6831
Psychological Clinic.....	(734) 764-3471
Turner Geriatric Social Work Office.....	(734) 764-2556

Emergency Services/Hotlines:

2-1-1 Connect (United Way human services referrals in Washtenaw, Livingston, and Monroe Counties)..2-1-1	
Ozone House 24-Hour Crisis Line.....	(734) 662-2222
SOS Crisis Center (United Way).....	(734) 484-4300
University of Michigan Psychiatric Emergency Services.....	(734) 936-5900
Washtenaw County Crisis Center (M-F: 5:00 pm to 8:30 am, Weekends, Holidays).....	(734) 996-4747

Hospital Organizations:

Chelsea Community Hospital Behavioral Health Assessment.....	(800) 328-6261 or (734) 475-4029
St. Joseph Mercy Hospital Psychiatric Access Center.....	(734) 712-2762
St. Joseph Mercy Outpatient Behavioral Services (Ann Arbor, Brighton, and Canton sites).....	(734) 786-2300

Community Agencies:

Ann Arbor Center for the Family.....	(734) 995-5181
Ann Arbor Community Center.....	(734) 662-3128
Ann Arbor Consultation Services.....	(734) 996-9111
Arbor Psychological Consultants.....	(734) 741-8844
Catholic Social Services.....	(734) 971-9781
Corner Health Center (Ypsilanti - Girls and women 12 - 21 years old).....	(734) 484-3600
Counseling Center of Ann Arbor.....	(734) 761-7204
Eastern Michigan University Psychology Clinic (open to the community).....	(734) 487-4987
Family Therapy Associates of Ann Arbor.....	(734) 663-5955
Health Services Access (for Medicaid holders).....	(800) 440-7548 or (734) 544-3050
Huron Valley Consultation Center, Inc.....	(734) 662-6300

Michigan Ability Partners.....	(734) 975-6880
Michigan Modern Psychology	(734) 414-6507
National Alliance for the Mentally Ill.....	(734) 994-6611
Ozone House (Ann Arbor).....	(734) 662-2265
Ozone House (Ypsilanti).....	(734) 485-2222
Saline Social Services (Saline residents only)	(734) 429-4570
Safehouse Center Helpline.....	(734) 995-5444
Samaritan Counseling Services.....	(734) 677-0609
Washtenaw County Community Support and Treatment Services.....	(734) 544-3000
Washtenaw Community Health Organization (WCHO).....	(734) 544-3000
Women’s Center.....	(734) 973-6779

Outside Washtenaw County

Community Mental Health:

Central Michigan Community Mental Health.....	(989) 772-5938
Clinton, Eaton, Ingham Community Mental Health.....	(517) 346-8200
Copper Country Mental Health.....	(906) 482-9404
Genesee County Community Mental Health.....	(810) 257-3740
Hiawatha Behavioral Health.....	(906) 632-2805
Jackson County Community Mental Health.....	(517) 789-1200
Lenawee County Community Mental Health.....	(517) 263-8905
Livingston County Community Mental Health.....	(517) 546-4126
Macomb County Community Mental Health Access Center.....	(586) 948-0222
Monroe Community Mental Health Authority.....	(734) 243-7340
Northern Lakes Community Mental Health.....	(231) 775-3463
North Country Community Mental Health.....	(231) 347-7890
Northpointe Behavioral Healthcare Systems.....	(906) 774-0522
West Michigan Community Mental Health System.....	(231) 845-6294
Wayne County Mental Health Board.....	(313) 833-2500

Emergency Services/Hotlines:

Common Ground Crisis and Resource Center (Pontiac).....	(800) 231-1127
Common Ground Sanctuary (for 10 - 17 year-old Runaway Youth).....	(248) 456-0909
Emergency Telephone Service/Suicide Prevention Center/Wayne County Crisis Line.....	(313) 224-7000
Macomb County Crisis Center (Mt. Clemens).....	(586) 307-9100
Monroe Community Mental Health Authority.....	(734) 243-7340
(Must ask to be transferred to crisis hotline)	
The Harbor (Port Huron).....	(810) 982-8584
The Haven (Pontiac).....	(248) 334-1274
The Sanctuary For Runaway and Homeless Youth (Pontiac).....	(248) 547-2260

University of Michigan Depression Center

Rachel Upjohn Building
4250 Plymouth Rd.
Ann Arbor, MI 48109-5763
<http://www.depressioncenter.org>

Psychiatric Hospitals:

Botsford Hospital (Farmington Hills).....	(248) 471-8000
Havenwyck Hospital (Auburn Hills).....	(248) 373-9200
Kalamazoo Psychiatric Hospital (Kalamazoo).....	(269) 337-3000
Kingswood Hospital/Henry Ford Health System.....	(248) 398-3200
Oakwood Healthcare System (Taylor).....	(313) 295-5574
St. John Health (multiple locations in SE Michigan).....	(313) 343-4176
St. Mary Mercy Hospital (Livonia).....	(734) 665-5811

State of Michigan Resources

Agencies:

Association for Children's Mental Health.....	(517) 372-4016 or (800) 782-0883
Medical Services Administration - Michigan Department of Community Health.....	(517) 241-7882
Mental Health Association in Michigan.....	(248) 647-1711
Michigan Association for Children with Emotional Disorders.....	(248) 433-2200
Michigan Department of Community Health.....	(517) 373-3500
Michigan Psychiatric Society.....	(517) 333-0838
Michigan Psychological Association.....	(517) 347-1885
National Alliance for the Mentally Ill (Michigan).....	(517) 485-4049 (800) 331-4264

Culturally Specific Service Providers in Michigan

Arab American and Chaldean Council.....	(248) 559-1990
Arab Community Center for Economic and Social Services (ACCESS).....	(313) 843-2844
Counseling Services/Dearborn Drug Rehabilitation.....	(313) 945-8138
Black Family Development.....	(313) 272-3500
Counseling Services.....	(313) 758-0150
Jewish Family Service of Metropolitan Detroit.....	(248) 592-2300
Jewish Family Services of Washtenaw County.....	(734) 769-0209
Latin Americans for Social and Economic Development (LA SED).....	(313) 554-2025
Latino Family Services, Inc.....	(313) 841-7380

Ohio

Mental Health and Recovery Services Board of Lucas County.....(419) 213-4600

National

Depression and Bipolar Support Alliance (formerly NDMDA).....(800) 826-3632
 Families for Depression Awareness.....(781) 890-0220
 Mental Health America.....(800) 969-6642
 National Alliance for the Mentally Ill.....(800) 950-6264
 National Institute of Mental Health Information Center.....(866) 615-6464
 National Mental Health Consumers' Self-help Clearinghouse.....(800) 553-4539
 National Suicide Prevention Lifeline.....(800) 273-TALK
 or (800) 273-8255

Internet Resources

American Academy of Child and Adolescent Psychiatry.....<http://www.aacap.org>
 American Foundation for Suicide Prevention.....<http://www.afsp.org>
 American Psychiatric Association.....<http://www.psych.org>
 American Psychological Association.....<http://www.apa.org>
 Center for Mental Health Services.....<http://www.mentalhealth.samhsa.gov>
 Depression and Bipolar Support Alliance.....<http://www.dbsalliance.org>
 Families for Depression Awareness.....<http://www.familyaware.org>
 Mental Health America (MHA).....<http://www.nmha.org>
 National Alliance on Mental Illness (NAMI).....<http://www.nami.org>
 National Alliance for Research on Schizophrenia and Affective Disorders.....<http://www.narsad.org>
 National Institute of Mental Health (NIMH).....<http://www.nimh.nih.gov>
 University of Michigan Depression Center.....<http://www.depressioncenter.org>